

The Time to Live programme seven guiding principles

The Time to Live programme is underpinned by seven guiding principles, and Delivery Partners can demonstrate how these principles are embedded in both the planning and delivery of Time to Live.

- **Mutual benefit:** the TTL scheme should make a positive difference to the lives of carers and the people they care for, improving their quality of life and wellbeing, and supporting the caring relationship
- **Personalisation:** carers and the people they care for should be involved in planning and making decisions about their short breaks, providing the right break at the right time
- **Targeted support:** the TTL scheme should make a difference to people who most need support, including carers with a substantial caring role, carers who are less likely to access current support, or carers whose needs are not met by current models of service provision
- **Adding value:** the TTL scheme should complement, and not replace or duplicate, services which local authorities, the NHS and other agencies already fund or provide
- **Knowledge and understanding:** all TTL schemes should be open to sharing learning and practice and helping to build a common evidence base that helps increase understanding of short breaks and how they support the caring relationship
- **Transparency and accountability:** the TTL scheme must operate in an open, fair, and transparent way and delivery partners must be able to explain, clarify and justify actions taken in the delivery of the scheme. This means ensuring the process by which individual grant applications from carers are sought, processed, and decided upon are open, fair, and recorded appropriately
- **Proportionality:** the TTL scheme must operate in a way that is appropriate to the scale and nature of the work so that any grant application and decision-making process for carers does not place any undue burden on carers/or those that are supporting them to access Time to Live funding